

SHS Cheerleader

Tryout Packet

The 2021-2022 SHS Cheerleading Squad will hold a tryout process Saturday, April 17th for additional members to be added to the team.

Qualifications

Tryouts are opened to any student enrolled at Springdale Junior/Senior High School and students at Acmetonia Elementary 6th grade. Current 6th & 7th Grade students will tryout for Jr. High. Current 8th -11th grade students will tryout for Varsity. Any 11th grader who was on the Cheer team this previous season will automatically be on the 2021/22 cheer team. You must be academically eligible and have your guidance counselor sign off on your application.

Tryouts

On Saturday, April 17th the members of the SHS Cheerleading Team will be chosen from those candidates that show up to compete. The tryouts will be held at the SHS Multi-purpose gym from 8:00 AM until. Tryouts will be closed to the public, so please don't bring or invite family or friends to watch. All the doors to the gym will be closed with the windows covered. During the tryout, applicants are asked to perform the following: chant, cheer and short dance in small assigned groups. Candidates will be judged on their entrance/exit skills, spirit and appearance, performance techniques, jumps and overall performance. Attached is a copy of the form the judges will use to evaluate the performance. The questions attached must be answered and turned in with the form and permission slip in order to be allowed to tryout.

The candidates are to wear loose fitting black athletic shorts, a school shirt of any type, white socks, athletic type shoes or cheer shoes, no loose or hanging type jewelry, and have their hair entirely pulled back out of their face.

The 2021-2022 team will consist of no more than more than 18 members. The break will be decided by the result of the scores.

SHS Cheerleading Evaluation Form

Run-Out Entrance: _____ out of 5 pts.

Double Toe Touch: _____ out of 5 pts.

Jump (Toe Touch, Herkie, Pike, Hurdler, etc.): _____ out of 5 pts.

SCORE

1
2
3
4
5

LOW
HIGH

	CHEER	<i>CHANT</i>	<i>SIDELINE</i>	<i>DANCE</i>
Spirit/Appearance (crowd appeal, facial expressions)				
Execution/Memory (projection, enthusiasm) Voice (Cheer & Chant only)				
Placement (arms, wrists, legs, feet, etc.)				
Technique/Sharpness (timing, rhythm)				
Overall Performance				
Subtotals	(out of 25)	(out of 25)	(out of 25)	(out of 25)

TOTAL: _____ out of 115 pts.

Obligations

If you are chosen to be a member of the SHS Cheerleading Team, there are several requirements you need to prepare for. To be on the squad, you will be expected to endure expenses of approximately **\$300-\$350**. These amounts vary and may be higher or lower than what's projected. All the members will be required to participate in different types of fundraising projects to help defray the cost of the team and the individual member. In addition to team volunteer service projects.

The weeks following the tryout will be consumed with practices, meetings, and planning sessions. Starting in June, each member will be expected to attend practices during the week. A calendar of practice times will be distributed after tryouts. All practices are strongly encouraged to be attended. This summer each member will be expected to attend practices, meetings, and camps. Cheer functions will conclude at the end of June. We will take a break for vacation time in July; then we will resume a more condensed practice schedule at the beginning of August which will be **MANDATORY!!**

The members are also obligated to help with various cheer clinics, and any cheerleader or athletic department sponsored events. The squad will be expected to cheer at many SHS athletic events and rallies. They may also be required to make public appearances and other valuable tasks representing Springdale Junior/Senior High School. Being a member of the SHS Cheerleading Team will be a major commitment and all interested in trying out, should consider all the aspects of the team when deciding to take on this obligation.

Elite Cheerleading Camp tentatively will be Wednesday, August 4 – Friday, August 6 from 8am – 4pm at the High School.

This is a mandatory requirement.

Please Note

- The members of the 2021-2022 squad will be posted in the SHS GroupMe Application at 4pm the day of try-outs. No lists will be posted at the school. There will be no need to return to SHS after try-outs. Only those who make the squad will receive the message in the GroupMe app at 4pm.
- A squad of no more than 18 will be selected due to stunting and other needs. Squad size will be based upon score distribution. Gaps in the candidate scores will guide the squad size.
- All decisions are final and will not be debated.
- Tryout candidates are allowed to view only their own scores after tryouts. The cut off score will be noted.
- The coach should only be contacted through email the following week with questions. kristina.2340@gmail.com

Springdale Jr/Sr High School Cheerleading Application

APPLICATIONS MUST BE RECEIVED BEFORE 8:00AM, April 17th
IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT Coach, Stiner @
Kristina.2340@gmail.com

***** This application is CONFIDENTIAL. Only the cheerleading staff will read this. *****

G.P.A. _____ Guidance Counselor Initials _____

Name _____ Date of birth _____

Address _____ Cheer Cell # _____

Parent/Legal Guardian _____ Cell # _____

Parent email address _____

Family Doctor _____ Phone # _____

In case of emergency contact _____ Phone # _____

Relationship _____

The undersigned are aware of and acknowledge the obligations and risks associated with the participation in cheerleading activities. Nevertheless, it is her desire to participate in the cheerleading clinics and tryout for the SHS Cheerleading Team.

Candidate Signature _____

Parent/Guardian Signature _____

Date _____

Please answer the following questions on another sheet of paper honestly to the best of your ability.

1. List any cheerleading, athletic, gymnastic, dance, etc. experiences you've had.
2. What three characteristics do you feel are most important for cheerleaders to possess?
3. How can cheerleaders best represent their school and student body?
4. Why should cheerleaders be responsible for maintaining good grades?
5. Describe any other non-school related activities, club, hobbies, etc. that you are involved in or will be involved in.
6. If you've received any awards or honors within the past 3 years, list and describe each.
7. Cheerleading involves physical exertion like most athletic type sports. For safety and athletic training purposes, list any prior injuries or unusual physical conditions that you are affected by.
8. Name two ways to get students' interest in backing school spirit at SHS?
9. How can cheerleaders get the teachers', administrators, and the school's support staff involved with school spirit?
10. What was something the cheerleaders did last year that you feel was effective to promote the school spirit?
11. What new idea(s) would you like to see implemented in next year's cheerleading program?
12. Do you feel cheerleaders are an important part of the athletic program? Why?
13. How would you feel if you couldn't catch on to something the team is learning? Member(s) of our team are having difficulty learning something for cheerleading, how would you react?
14. What would you think about a member of the team that does not pull her load, participate the way she should, or do what the coach tells her to do? If an instance like this occurs, how should this be handled?
15. What would you do if a member of your squad had a bad attitude problem?
16. What are your personal thoughts about community service events?
17. Member(s) of the team are unable to learn/keep up with the rest of the team, would you be willing to help them to get caught up with the squad? How would you achieve this goal?
18. Why do you want to be a member of the SHS Cheerleading Team?
19. Do you or will you maintain a job during the summer and/or school year
If you answered yes to any of the questions, what might your work schedule be?
Would you be willing to sign the area below confirming that your job will not interfere with you and cheerleading obligations? Yes No
If yes, please sign here _____.