

MENU ACMETONIA ELEMENTARY SCHOOL

February
2024



Thursday, February 1

Breakfast

Egg & Bacon
Breakfast Bagel

Lunch

Corn Dog Nuggets
Baked Fries

Frozen Juice Cup
Fruit / Milk Choice

Friday, February 2

Breakfast

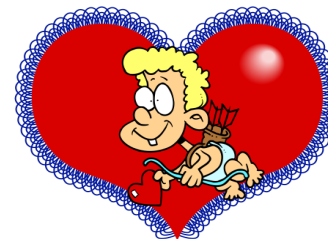
Cereal Choice with
Wholegrain Crackers

Lunch

Thin Crust
Pizza Slice

Cook's Choice Vegetables
Fruit / Milk Choice

YOU'RE GOOD



ALL STUDENTS EAT ALL MEALS @
NO COST ALL YEAR LONG

Monday, February 5

Breakfast

Cinnamon Ultimate
Breakfast Round

Lunch

Chicken Tenders with
Buttered Noodles

Chilled Baby Carrots
Fruit / Milk Choice

Tuesday, February 6

Breakfast

Buttermilk Pancake
Bites with Syrup

Lunch

Beef & Cheese
Nachos

Steamed Corn
Fruit / Milk Choice

Wednesday, February 7

Breakfast

Breakfast Pizza
Square

Lunch

Baked Italian
Hoagie

Baked Fries
Fruit / Milk Choice

Thursday, February 8

Breakfast

Super Bakery Ultra
Banana Bread

Lunch

Cheeseburger with
Potato Sticks

Punch Vegetable Juice
Fruit / Milk Choice

Friday, February 9

Breakfast

Baked Cinnamon
Donut Holes

Lunch

BOSCO Sticks with
Pizza Sauce

Cook's Choice Vegetables
Fruit / Milk Choice



Every complete meal
we serve comes with
your choice of milk!

Brain

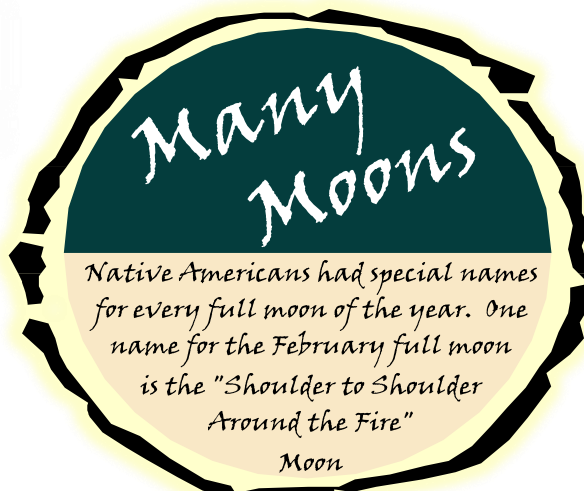


Ticklers

What do you call
a snowman in
the summer
time?

(Hold the page upside
down and read it in a
mirror for the answer!)

by brqqlsj



Breakfast:

Choose at least 3 of 4
available component

Daily breakfast
entrée or variety of
alternate choices

Fruit or
100% Fruit Juice

Milk Choice

Lunch:

Alternate Choice:

1) Deli Hoagie

2) Peanut Butter & Jelly
Sandwich

Available Daily:

Fruit or 100% Fruit Juice
Vegetable Choice
Wholegrain Breads
Milk Choice

Monday, February 12

Breakfast
Cocoa Cherry
Breakfast Bar

Lunch
Orange Asian Chicken
with Steamed Rice

Mango Vegetable Juice
Fruit / Milk Choice

Tuesday, February 13

Breakfast
French Toast Bites
with Syrup Cup

Lunch
Baked Breaded
Chicken Sandwich

Baked Fries
Fruit / Milk Choice

Wed., February 14

Breakfast
Baked Wholegrain
Apple Churro

Lunch
Macaroni & Cheese with
Baked Soft Pretzel

Cheery Frozen Juice Cup
Fruit / Milk Choice

Thursday, February 15

Breakfast
Egg & Sausage
Croissant Sandwich

Lunch
Thick Crust
Pizza Slice

Cook's Choice Vegetables
Fruit / Milk Choice

Tuesday, February 20

Breakfast
Cereal Choice with
Wholegrain Crackers

Lunch
Baked Breaded
Chicken Nuggets

Whipped Potatoes
Fruit / Milk Choice

Wed., February 21

Breakfast
Breakfast Pizza
Square

Lunch
Barbecue Rib
Sandwich

Baked Fries
Fruit / Milk Choice

Thursday, February 22

Breakfast
Pancake & Sausage
Flap Stick with Syrup

Lunch
Hot Dog with
Honey Baked Beans

Punch Vegetable Juice
Fruit / Milk Choice

Friday, February 23

Breakfast
Toasted Wholegrain
Pop Tarts

Lunch
Cheese Stuffed
Pizza Crunchers

Cook's Choice Vegetables
Fruit / Milk Choice

Monday, February 26

Breakfast
General Mills
Cereal Bar

Lunch
Popcorn Chicken with
Cheesy Potatoes

Chilled Baby Carrots
Fruit / Milk Choice

Tuesday, February 27

Breakfast
Maple Waffle Bites
with Syrup Cup

Lunch
Beef & Cheese Taco with
Shredded Lettuce

Steamed Corn
Fruit / Milk Choice

Wed., February 28

Breakfast
Baked Wholegrain
Funnel Cake

Lunch
Cheeseburger with
Potato Sticks

Mango Vegetable Cup
Fruit / Milk Choice

Thursday, February 29

Breakfast
Wholegrain Iced
Cinnamon Roll

Lunch
Pasta with Toasted
Breadstick

Tossed Garden Salad
Fruit / Milk Choice

**HAPPY
VALENTINE'S
DAY!**



FEBRUARY 14

First things First

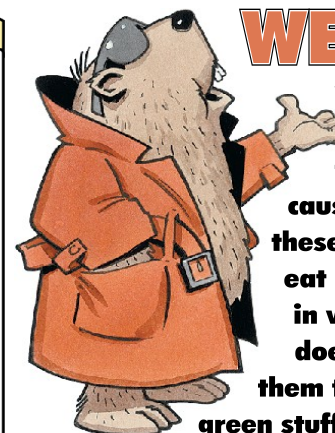
**BREAKFAST
@SCHOOL**

For first-class learning!

NUTRITION TO GO

Winter is the season when the fresh orange crop is at its juicy peak -- and that's also when we can really use the color, flavor, and aroma of fresh oranges, tangerines, and clementines. Oranges (mainly in juice form) are easily the primary source of vitamin C for Americans, but choose whole fresh oranges for a good shot of fiber, too.

A QUICK BITE FOR PARENTS



WEATHERMAN

When groundhogs start popping up to check out the weather, they have good cause to pay close attention: these 6-12 pound rodents need to eat about a third of their weight in vegetation every day. So it doesn't make much sense for them to pop up for good until the green stuff is starting to pop up, too!

ANIMAL APPETITES