

May  
2024

ACMETONIA  
Elementary  
School

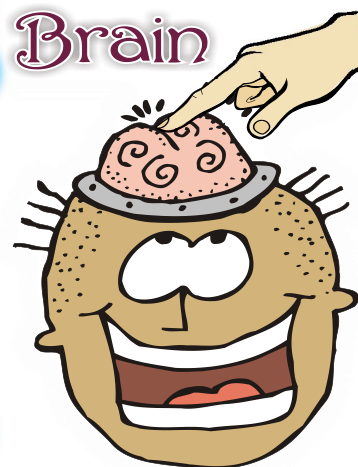


## NUTRITION TO GO

Pizza and fries – that has to be a junk food meal, right? **WRONG!** Kids love the taste of our pizza and fries, sure. But those items are also formulated to be healthier than you might assume, especially when they are part of a complete, nutritious meal like the meals we serve every day!

### A QUICK BITE FOR PARENTS

## Brain Ticklers



When is 4  
half of 5?

(Hold the page upside  
down and read it in a  
mirror for the answer!)

of let's turn around and  
the most common way  
to write the number  
is 10. The word "five"  
is "svif" in reverse.

### Breakfast:

Choose at least 3 of 4  
available component

Daily breakfast  
entrée or variety of  
alternate choices

Fruit or  
100% Fruit Juice

Milk Choice

Wednesday, May 1

### Breakfast

Wholegrain Donut  
Cake Stick

### Lunch

Cheeseburger on a  
Wholegrain Bun

Baked Fries

Fruit / Milk Choice

Thursday, May 2

### Breakfast

Super Bakery Ultra  
Banana Bread

### Lunch

Maple Pancakes with  
Sausage Link

Mango Vegetable Juice

Fruit / Milk Choice

Friday, May 3

### Breakfast

Baked Wholegrain  
Apple Churro

### Lunch

French Bread  
Pizza

Vegetable Choice

Fruit / Milk Choice

## MANY MOONS

Native Americans had special names for every full moon of the year. One name for the June full moon is the "Full Strawberry Moon," because strawberries are at their ripest in many areas.

Monday, May 6

### Breakfast

Egg & Bacon  
Breakfast Bagel

### Lunch

Breaded Chicken Tenders  
with Dipping Sauce

Baked Fries

Fruit / Milk Choice

Tuesday, May 7

### Breakfast

Wholegrain Chocolate  
Chip Muffin

### Lunch

Pasta & Meatballs with  
Toasted Breadstick

Tossed Garden Salad

Fruit / Milk Choice

Wednesday, May 8

### Breakfast

French Toast  
with Syrup Cup

### Lunch

Grilled Hot Dog with  
Ketchup & Mustard

Honey Baked Beans

Fruit / Milk Choice

Thursday, May 9

### Breakfast

General Mills  
Breakfast Bar

### Lunch

Baked Italian Hoagie  
with Potato Sticks

Punch Vegetable Juice

Fruit / Milk Choice

Friday, May 10

### Breakfast

Cereal Choice with  
Wholegrain Crackers

### Lunch

Pepperoni  
Pizza Slice

Vegetable Choice

Fruit / Milk Choice



**Monday, May 13**

**Breakfast**  
Toasted Wholegrain  
Pop Tarts

**Lunch**  
Popcorn Chicken with  
Whipped Potatoes

Vegetable Choice

Fruit / Milk Choice

**Tuesday, May 14**

**Breakfast**  
Baked Wholegrain  
Raspberry Churro

**Lunch**  
Stuffed Crust  
Pizza

Tossed Garden Salad

Fruit / Milk Choice

**Wednesday, May 15**

**Breakfast**  
Breakfast Pizza  
Square

**Lunch**  
Orange Asian Chicken  
with Rice & Dinner Roll

Steamed Broccoli

Fruit / Milk Choice

**Thursday, May 16**

**Breakfast**  
Sausage & Pancake  
Flap Stick

**Lunch**  
Soft Shell Beef Taco  
with Lettuce & Cheese

Mango Vegetable Juice

Fruit / Milk Choice

**Friday, May 17**

**Breakfast**  
Baked Wholegrain  
Funnel Cake

**Lunch**  
Italian Dunker with  
Pizza Sauce

Vegetable Choice

Fruit / Milk Choice



**Every complete meal  
we serve comes with  
your choice of milk!**

**Monday, May 20**

**Breakfast**  
General Mills  
Cereal Bar

**Lunch**  
Chicken Sticks with  
Side of PIEROGIES

Baked Pretzel Stick

Fruit / Milk Choice

**Tuesday, May 21**

**Breakfast**  
Baked Wholegrain  
Apple Turnover

**Lunch**  
BOSCO Sticks with  
Pizza Sauce

Tossed Garden Salad

Fruit / Milk Choice

**Wednesday, May 22**

**Breakfast**  
Bacon & Egg  
Croissant Sandwich

**Lunch**  
Breaded Corn Dog  
Nuggets

Punch Vegetable Juice

Fruit / Milk Choice

**Thursday, May 23**

**Breakfast**  
Super Bakery Ultra  
Cinnamon Bread

**Lunch**  
Beef & Cheese  
Nachos

Steamed Corn

Fruit / Milk Choice

**Friday, May 24**

**Breakfast**  
Wholegrain Flavored  
Muffin Choice

**Lunch**  
Cheese Stuffed  
Pizza Crunchers

Vegetable Choice

Fruit / Milk Choice

**Lunch:**  
Alternate Choice:  
1) Deli Hoagie  
2) Peanut Butter & Jelly  
Sandwich

Available Daily:  
Fruit or 100% Fruit Juice  
Vegetable Choice  
Wholegrain Breads  
Milk Choice

**Tuesday, May 28**

**Breakfast**  
Cocoa Cherry  
Breakfast Bar

**Lunch**  
Chicken Nuggets with  
Cheesy Potatoes

Frozen Juice Cup

Fruit / Milk Choice

**Wednesday, May 29**

**Breakfast**  
Wholegrain Iced  
Cinnamon Roll

**Lunch**  
Cheeseburger on a  
Wholegrain Bun

Baked Fries

Fruit / Milk Choice

**Thursday, May 30**

**Breakfast**  
Cereal Choice with  
Graham Crackers

**Lunch**  
Chicken Sandwich with  
Mac & Cheese

Vegetable Choice

Fruit / Milk Choice

**Friday, May 31**

**Breakfast**  
Toasted Wholegrain  
Pop Tarts

**Lunch**  
Cheese Pizza Slice with  
Vegetable Choice

Frozen Sherbet Cup

Fruit / Milk Choice



## Summer Food Service Program

**Text:** "FOOD" or "COMIDA" to 877877

**Call:** 211 or 1-866-3HUNGRY or 1-877-8HAMBRE

**Visit:** [fns.usda.gov/summerfoodrocks](https://fns.usda.gov/summerfoodrocks)

**Download the app:** [RangeAPP.org](https://RangeAPP.org)

