



Tuesday, March 1

Breakfast
Cook's Choice
Breakfast

Lunch
Pancakes and
Sausage

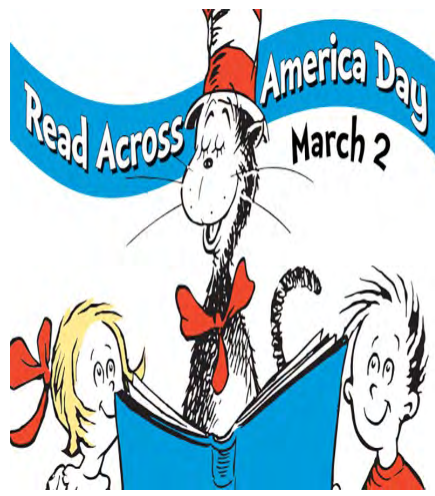
Ham & Cheese
Deli Hoagie

Wednesday, March 2

Breakfast
Cook's Choice
Breakfast

Lunch
Cheese Stuffed
Pizza Crunchers

Ham & Cheese
Deli Hoagie



Thursday, March 3

Breakfast
Cook's Choice
Breakfast

Lunch
Barbecue Rib
Sandwich

Ham & Cheese
Deli Hoagie

Friday, March 4

Breakfast
Cook's Choice
Breakfast

Lunch
Cheese Pizza
Slice

Ham & Cheese
Deli Hoagie



Monday, March 7

Breakfast
Cook's Choice
Breakfast

Lunch
Cheeseburger on a
Wholegrain Bun

Cold Cut
Deli Hoagie

Tuesday, March 8

Breakfast
Cook's Choice
Breakfast

Lunch
Soft Shell
Chicken Taco

Cold Cut
Deli Hoagie

Wednesday, March 9

Breakfast
Cook's Choice
Breakfast

Lunch
Beef and Cheese
Nachos

Cold Cut
Deli Hoagie

Thursday, March 10

Breakfast
Cook's Choice
Breakfast

Lunch
Meatball and
Mozzarella Hoagie

Cold Cut
Deli Hoagie

Friday, March 11

Breakfast
Cook's Choice
Breakfast

Lunch
Italian Dunkers with
Pizza Sauce

Cold Cut
Deli Hoagie



Daily Prepared Breakfast
May Include :

An assortment of cereals,
breakfast entrees, super
donuts, pop-tarts, cereal
bars, muffins, and pastries

Choice of Fruit or
100% Fruit Juice

Half Pint Flavored
Milk Choice

PLEASE TAKE ME HOME!

Potatoes deliver vitamin C, fiber, and plenty of vitamins and minerals -- and all for only 110 calories (per medium potato) and zero fat. But we mostly eat deep-fried fast food french fries, which just deliver lots of fat calories. Try to eat more potatoes that start out in your kitchen, looking like actual potatoes!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Daily Prepared Lunch
May Include:

Entrée, Wrap, or
Sandwich Choice

Vegetable Choice or
Bagged Snack Item

Choice of Fruit or
100% Fruit Juice

Half Pint Flavored
Milk Choice

Monday, March 14

Breakfast
Cook's Choice
Breakfast

Lunch
Breaded Popcorn
Chicken Bites

Turkey & Cheese
Deli Hoagie

Tuesday, March 15

Breakfast
Cook's Choice
Breakfast

Lunch
Toasted Italian
Hoagie

Turkey & Cheese
Deli Hoagie

Wednesday, March 16

Breakfast
Cook's Choice
Breakfast

Lunch
Chicken Patty
Sandwich

Turkey & Cheese
Deli Hoagie

Thursday, March 17

Breakfast
Cook's Choice
Breakfast

Lunch
Pepperoni Pizza
Slice

Turkey & Cheese
Deli Hoagie

Brain



Ticklers

Why do people wear shamrocks on St. Patrick's Day?

(Hold the page upside down and read it in a mirror for the answer!)
DNI 100K 915 100 H2AVD1

Monday, March 21

Breakfast
Cook's Choice
Breakfast

Lunch
Grilled Hot Dog on a
Wholegrain Bun

Ham & Cheese
Hoagie

Tuesday, March 22

Breakfast
Cook's Choice
Breakfast

Lunch
Chicken Nuggets with
Dipping Sauces

Ham & Cheese
Hoagie

Wednesday, March 23

Breakfast
Cook's Choice
Breakfast

Lunch
Soft Shell Beef and
Cheese Taco

Ham & Cheese
Hoagie

Thursday, March 24

Breakfast
Cook's Choice
Breakfast

Lunch
Sausage and Egg
Breakfast Sandwich

Ham & Cheese
Hoagie

Friday, March 25

Breakfast
Cook's Choice
Breakfast

Lunch
Cheese Pizza
Slice

Ham & Cheese
Hoagie

YOU'RE GOOD



ALL STUDENTS EAT ALL MEALS @ NO COST ALL YEAR LONG

Monday, March 28

Breakfast
Cook's Choice
Breakfast

Lunch
Grilled Chicken and
Cheddar Hoagie

Turkey & Cheese
Deli Hoagie

Tuesday, March 29

Breakfast
Cook's Choice
Breakfast

Lunch
Beef and Cheese
Nachos

Turkey & Cheese
Deli Hoagie

Wednesday, March 30

Breakfast
Cook's Choice
Breakfast

Lunch
Grilled Cheese
Sandwich with Soup

Turkey & Cheese
Deli Hoagie

Thursday, March 31

Breakfast
Cook's Choice
Breakfast

Lunch
Breaded Mini
Corn Dog Nuggets

Turkey & Cheese
Deli Hoagie

come join us for Breakfast@School

