

**Allegheny Valley School District  
School Health Services  
Asthma Action Plan**

According to the health information that you provided, your child has been treated and/or diagnosed with asthma. Please complete the following form to assist the school nurse in developing an individualized asthma plan for your child. If you wish to discuss the plan, please call the school nurse.

**Student Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **GRADE:** \_\_\_\_\_

**Asthma triggers:** \_\_\_\_\_

**Activity restrictions:** \_\_\_\_\_

Daily or Routine Medications:                      Needed at school?     yes     no

1. Medication \_\_\_\_\_  
Dose \_\_\_\_\_  
Frequency \_\_\_\_\_

2. Medication \_\_\_\_\_  
Dose \_\_\_\_\_  
Frequency \_\_\_\_\_

**Emergency Contact Information**

#1 Parent/Guardian \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_ (c) \_\_\_\_\_

#2 Parent/Guardian \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_ (c) \_\_\_\_\_

Physician/Healthcare Provider : \_\_\_\_\_

Phone: \_\_\_\_\_ address: \_\_\_\_\_

**Required Signatures:**

This Asthma Action Plan has been approved by:

\_\_\_\_\_  
Student's Physician/Health Care Provider Signature                      Date

\_\_\_\_\_  
Parent/Guardian Signature                      Date