

Dear Parents/Guardians:

Sports physicals will be held on June 5th, 2021. The location is in the ALLE KISKI MEDICAL ASSOCIATES office, 1304 Pittsburgh St, Cheswick, PA 15024, with Dr. David Shin, the school physician. Any student, entering grades 7-12, who is interested in playing a school sport during the 2021-2022 school year, should schedule a physical. Allegheny Valley School District offers sports physicals free of charge. The physicals will be accepted for any sport, any season, for the 2021-2022 school year. You may also choose to take your child to his/her own physician for this physical if you cannot make the June 5th date.

Please click on the link(s) below to pick the time/date that works best for you. You will need to type your child's name in the provided fields/time slots.

<https://tinyurl.com/4p7mmsdc>

Health and Safety Rules for your child and other adults attending sports physicals:

Your child **MUST** be scheduled on the calendar to be examined for the sports physical.

Your child will remain in the parking lot, in his/her vehicle, while waiting for the physical exam. This will maintain social distancing and provide for the safety of students.

An adult attendant will be in the parking lot and will let you know when it is your child's time/turn to enter the physician's office. Please understand, the times are estimates and the physicals will be moved along at the physician's pace.

Your child must wear a mask. Your child must wear shorts and a T-shirt, **SOCKS AND SHOES. No flip flops will be allowed.**

Please understand, this is a courtesy extended to the athletes of the Allegheny Valley School District. Rules and recommendations from the Allegheny Health Department will be followed and enforced. If, for any reason, you feel your child will not be able to safely comply with the rules and procedures, you may have your child examined by his/her own physician. All students will be expected to follow the guidelines.

If you have any questions or concerns, please email me at kconner@avsd.k12.pa.us.

Thank you,
Kandi Conner, RN, BSN
Allegheny Valley School District Nurse